



St. Louis Catholic Church

53 Allen Street East, Waterloo ON N2J 1J3 Tel: 519-743-4101
Email: stlouiswaterloo@hamiltondiocese.com Web site: www.saintlouisparish.ca
Served by the Congregation of the Resurrection since 1890.

Office hours: Monday – Thursday 9 - 12 and 1- 4 p.m.
Summer hours (Canada Day to Labour Day): Mon. - Thurs. 9 a.m. to 1 p.m.

Weekday Masses:
Tuesday – Friday 9:00 a.m.
*Rosary: Tuesday to Friday
before 9:00 a.m. Mass*

Sunday Masses:
Saturday: 5:00 p.m.
Sunday: 9:30 a.m.
11:30 a.m.



Pastoral Team:

Pastor
Father Phil Reilly, C.R.
preilly@hamiltondiocese.com

**Coordinator of Youth and
Children's Ministries**
Kelly Krause
kkrause@hamiltondiocese.com

Parish Secretary
Anna Malton
stlouiswaterloo@hamiltondiocese.com

Custodian
Doug Lichty

St Louis Catholic Church

Welcome new members - Whether you are just passing through the area or looking for a spiritual home, we welcome you to St. Louis Catholic Church. We hope you will find our worship environment hospitable and prayerful. People often attend Mass at a parish for months or years without officially registering. Registration here at St. Louis is an expression of your commitment to being an active member of our community. Parish registration simplifies the process with regard to sponsoring a sacramental candidate; obtaining pastoral references and for preparation of baptisms, weddings and funerals. Registration is easy and can be completed at the Parish Office during regular office hours. Registration forms are available at the back of the Church.

Parish Records - Our parish records are very important. We try to keep them up to date. Please advise the office of any changes.

Music in the Liturgy - Music plays an integral role in the liturgical life of the parish.

Our music directors are: 5:00 p.m. & 9:30 a.m. - Bob Reinhart (robertreinhart182@msn.com)
11:30 a.m. - Donna McLellan (donna-ipad@hotmail.com)

Sunday programs for children - During the Sunday morning 9:30 a.m. Mass there is babysitting for children under 3 years of age, Sunday School for 3 to 6 years of age and Children's Liturgy of the Word for children ages 7 and up.

Sacramental Life - St. Louis Parish celebrates the sacraments for its members who are registered and regularly attending. If you are not registered you are automatically a member of a parish closest to you.

Baptism - Please speak with a priest after Mass on Sunday.

Sacrament of Reconciliation - Saturdays 4 - 4:30 p.m., or by appointment.

Marriage - For registered and supporting members, please contact the parish office at least one year in advance of your date.

Becoming Catholic - Rite of Christian Initiation of Adults, preparing adults for baptism and/or to join the community. Please contact the office for further information.

Anointing and Pastoral Care - Our parish community cares about the sick and elderly and the lonely. Please notify the parish office to arrange for them to receive the Anointing of the Sick, or to have the Holy Communion brought to them.

Pastoral Care to those in Hospital - A family member is asked to contact the parish whenever a parishioner is in hospital and requests a pastoral visit, or Sacrament of the Sick (Anointing).

Priesthood and Religious Life - Is God calling you to religious life, as a Brother, Deacon or Priest? If so, please contact the Vocation Director for the Congregation of the Resurrection, at resurrectionistvocation@gmail.com or www.resurrectionists.ca

Diocesan Newsletter - For information about Activities and Events of interest in the Diocese of Hamilton, subscribe to the online Diocesan Newsletter at www.hamiltondiocese.com

Parish Organizations and Contacts:

Altar Servers Coordinator
Dave Pagett, 519-744-7705

Catechesis of The Good Shepherd,
Kelly Krause, 519-743-4101

Finance Council
Terry Collins, 519-741-1534

Grounds & Gardens
Peter Brill, 519-886-5266

Catholic Women's League
Gloria Montserin, 519-743-7074
stlouiswaterloo@gmail.com

Knights of Columbus - Waterloo
Council 5135 - 519-884-2060

OOTC Community Suppers
John Pendergast, 519-574-3384 &
Debbie Delattre

St. Vincent de Paul
For assistance or information
call 519-743-4101

Ministry to the Elderly & Homebound
Cecilia Beechey, 519-572-5435

Prayer Shawl Ministry
Sandra Williams, 519-742-9239

Prayer Chain
Sharon Carey, 519-746-8073

Parish Webmaster
Daniel Delattre,
daniel@uwaterloo.ca



FEBRUARY 15, 2026

MASS INTENTIONS & EVENTS

Monday, February 16 – No Mass - Family Day Office Closed			
	9 AM – NOON	Pickle Ball	Gym
Tuesday, February 17			
9:00 AM	† Jackie Coulter – Webster Family		
	9:30 AM	Book Club	L. Hall
	12:15 - 1 PM	Fit Club	Gym
	6:30 PM	CWL Exec	L. Hall
Wednesday, February 18 - Ash Wednesday			
9:00 AM	For Reconciliation Where There Is Conflict		
	9 AM – NOON	Pickle Ball	Gym
12:10 PM	For Blessings on Our Lenten Practices		
7:00 PM	For Conversion and Return to Faith		
Thursday, February 19			
9:00 AM	For Intentions of Pagett-Wheeler Family – Gerry & Doug		
	12:15 - 1 PM	Fit Club	Gym
Friday, February 20			
9:00 AM	† Carol Dubeau – Webster Family		
	9 AM – NOON	Pickle Ball	Gym
7:00 PM	Stations of the Cross – Choral Stations led by R. Rein		
Saturday, February 21			
	All day	Sandwich project & Food Safety Course	L. Hall
Vigil of First Sunday in Lent			
5:00 PM	† Walter & Kaye Hartman – Children		
	† Joe Novak – Family		
	† Mary & Geraldine Smith – Pat & Joan Forde		
	† Angela Sui-Kow Chow – Janet & Grant Ertel		
Sunday, February 22 – First Sunday in Lent			
9:30 AM	† Katie & Nick Gengler – Ruetz Family		
	† Elisabeth & Andreas Schwarz – Elizabeth Schwarz		
	† Virginio Santarossa – Webster Family		
	† Shirley Hinsperger – Hinsperger Family		
	10:30 AM	Coffee Time	L. Hall
11:30 AM	People of St. Louis Parish		
	12:30 PM	Lunch & Bible Study (15/20)	L. Hall
	5 PM	OOTC Community Supper	Gym

Reflection on the First Reading (Sirach 15:15-20)

This Sunday we again ponder and strive to embrace attitudes and behaviours that would help us live the good life. Specifically, we focus on the role of God's law in our attempts to live a good life.

Sirach starts by calling attention to God's commandment and our capacity to keep them. This voice from the biblical Wisdom tradition makes two strong, perhaps surprising claims. First, we hear that we can, in fact, choose to obey God's commandments. Second, we are reminded that God's commandments have the capacity to save those who keep them. These claims may surprise us given the frequency with which we hear contrary arguments.

Both popular culture and some theologians are prone to claim that human beings do not have the will power necessary to follow God's commands. Following God's commands, after all, is hard. We need to make clear decisions and keep strong resolutions. And we easily fail on both counts. So, we can believe – wrongly – that keeping God's commands is simply impossible. But Sirach reminds us of the truth: the core of humanity's moral grandeur is our capacity to know and to follow God's commands. Despite our profound frailty after the fall, despite our attraction to evil and sin, we nonetheless have the ability to live by God's commands. And this ability comes from God's help. Sirach reminds us that God has not authorized anyone to sin. Rather, God places within all

of us a sense of conscience, knowledge of right and wrong. Thus, the gift of conscience is a divine gift that assists us in our efforts to keep God's commands. We can know what is right (thanks to the gift of conscience), and we can choose to do it.

Similarly, doubts can arise about the saving capacity of God's commandments. If God's commands can save, why send Christ? Here we may recall that Christ is God's Word Incarnate, the one who actually lives in accord with God's commands and thereby fulfills them. In other words, Christ's knowledge and keeping of God's commands is perfect and makes clear their capacity to save. He reveals their full meaning and their deep power to save in the Gospel reading for today. Thus, by coming among us as the incarnate Word and keeping God's commands, Christ confirms Sirach's claim: God's commands will and do save. (*From Workbook for Lectors*)

*Happy Family Day long weekend.
The office will be closed on Monday, February 16th.*

The Diocesan Wedding Anniversary Mass - Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, May 31, 2026 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 PM. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration: under Upcoming Events at hamiltondiocese.com, or call Family Ministry Office 905-528-7988X 2249.

Young Adults Night - Fr. Mark Morley invites young adults (ages 20s and 30s) of our diocese to attend an evening of Adoration, fellowship and music for Lent in support of you as you discern your vocation and as we prepare to celebrate Easter. The Young Adults Night includes a Holy Hour (6:30 PM - 7:30 PM), social with food, vocations testimony, Lenten music concert, and Compline (9 PM) on Saturday, March 7th at St. Ann Church (120 Sherman Ave. N., Hamilton). Sponsored by the Vocations Office of the Diocese of Hamilton. hamiltondiocese.com/vocations/ For info., contact: vocations@hamiltondiocese.com.



Mark your calendars: Vacation Bible School will be during the week of July 20 – 24, 2026.



Resurrectionist Vocation Minute -Invited to reflect on God's wisdom this Sunday, Sirach reminds us that our capacity to choose right from wrong – our capacity to discern – comes from God's boundless wisdom. A call to the Congregation of the Resurrection – a calling first experience 190 years ago by spiritually, emotionally, and materially destitute young men – starts by recognizing God's unconditional love. By all counts, such boundless love characterizes God's boundless wisdom. Fr. Eric Wagner, C.R. resurrectionistvocation@gmail.com

Lift Jesus Higher Rally 2026 Saturday, March 14th at the Metro Toronto Convention Centre. If you would like to attend or for more information regarding tickets and travel arrangements, please call Kelly Krause at the parish office.

SIXTH SUNDAY IN ORDINARY TIME

40 Days of Lent Begins on February 18th

There will be three Masses

with imposition of ashes that day, at 9 AM, 12:10 PM and 7 PM

Lenten Prayers - Stations of the Cross every Friday in Lent – On Friday, February 20th at 7 PM (till 7:30 PM), the Choral Stations of the Cross will be sung, led by Robert Reinhart. All are welcome.



ASH WEDNESDAY

TURN AWAY FROM SIN AND BE FAITHFUL TO THE GOSPEL

Fasting and Abstinence

When do I ...?
Fast and Abstain:
Ash Wednesday and Good Friday

Abstain:
All Fridays during Lent

Who has to ...?
Fast: Catholics who are 18 years of age, but not yet 59, are obliged

Abstain: observed by all Catholics 14 years-old and older

What is ...?
Fast: eating one full meal, as well as two small meals that together are not equal to a full meal

Abstinence: refrain from eating meat

Note: Persons that are exempt from fasting include: the physically or mentally ill, individuals with chronic illness, and those pregnant or nursing.

Things you can do with your family through Lent:

1. Sacrifice bean jar – every time someone in your family makes a sacrifice, put a bean in the jar. See how full you can make it.
2. Set up an almsgiving box – every day or every few days, you choose, pick something out of your pantry and put it in the box. At the end of Lent, take the box to the food bank.
3. Set up an offering jar – whenever you have change, put it in the jar. At the end of Lent donate this change.
4. Say an extra prayer in the morning or in the evening as a family. Maybe say the rosary or just a decade of the rosary together. Take some time to talk to God a little more over Lent.
5. Bury the Alleluia word – write the word on a card and then show your children that you are putting it in a box to be put away until Easter. At Easter, bring it out and sing it once again. Helps children to notice that we don't say Alleluia at Mass during Lent.
6. Read a saint story with your children every day. This can be part of your bedtime reading. There are so many wonderful saint stories to share with your children.
7. For the adults – take a look at the deadly sins and look up the opposite virtue. Pick one or two of those virtues and try and work at bettering them over Lent.

LENT

Pray + Fast + Give

The Reel Justice Film Festival brings you an insightful exploration of the dangers of book banning and the loss of intellectual freedom with a screening of *The Librarians* on Feb. 26, 7 – 9 PM. The film is told through the personal experiences of librarians under siege as they fight for democracy alongside everyday people who join their ranks in defense of books. The screening and discussion will be hosted online via Zoom. Register and view our full schedule of events at: hamiltondiocese.com/reel-justice-film-festival/. A partnership between the Bishop Farrell Library & Archives and Development and Peace, the Reel Justice Film Festival shines a spotlight on issues of social, political, and economic injustices.

ReStart: Moving Forward – Have you experienced a divorce or separation? Are you looking to learn ways to cope, for support from others and to gain a feeling of moving forward? Our 10-week program offers education and support to anyone seeking to heal or simply learn more. The sessions will run Tuesdays from Feb. 17 – April 21 from 7-9 PM and are held at the Chancery Office at 700 King St. West in Hamilton in person. Cost is \$35 for materials, but no one is turned away. Registration online can be found by going to hamiltondiocese.com and looking for the date under Upcoming Events, or by contacting Sarah at 905-528-7988 ext. 2249 or at familyministry@hamiltondiocese.com.

Enhancing Self-Esteem - This program provides the opportunity to increase awareness of yourself and to learn specific skills for building a positive self-esteem. It can help you to feel stronger in all areas of your life. Issues covered during the course include taking responsibility for your own thoughts and feelings, positive ways to behave assertively and setting realistic goals for your future. The program will run Tuesdays from Feb. 17 – April 21 from 7-9 pm and are held at the Chancery Office at 700 King St. West Hamilton. Cost is \$35 for materials. Registration online can be found by going to hamiltondiocese.com and looking for the date under Upcoming Events, or by contacting Sarah at 905-528-7988 ext. 2249, or at familyministry@hamiltondiocese.com.

Spring Book Club: "On Love Of The Poor" - The Office for Evangelization and Catechesis invite you to join us for a four-week virtual book club, exploring Pope Leo XIV's first Apostolic Exhortation, "On Love of the Poor." Aligned with our Lenten journey, this series will explore the key themes and messages of our Holy Father's message on love and solidarity with those who experience marginalization. Registration can be made here: <https://hamiltondiocese.com/events/>



Donations on-line:

Via diocesan website:

hamiltondiocese.com/ways-to-give
select "Online to a Parish" & then "St. Louis Waterloo".

Via Canada Helps canadahelps.org/en/

(search for "St. Louis Waterloo" or use this QR code)

Date	Sunday	Maint.	Diocesan	Loose	PAD
Feb. 8	2702.40	500.00	235.00	331.25	2415.61

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